

Cinnamon Bun Baking Instructions

Defrost buns- 1-2 hours

Preheat convection oven to 350F or 176C (non-convection will work but there will not be as much of a rise in the dough).

Cover the bun loosely with tin foil.

Place in oven and bake 15 minutes.

Remove tin foil tents and bake an additional 8-10 minutes.

You can tell they are baked thoroughly when the center bounces back up when gently pressed with finger tip. If not, bake an additional 2-5 minutes.

Immediately turn the bun over onto serving plate.

Enjoy!

The base can be returned for reuse!